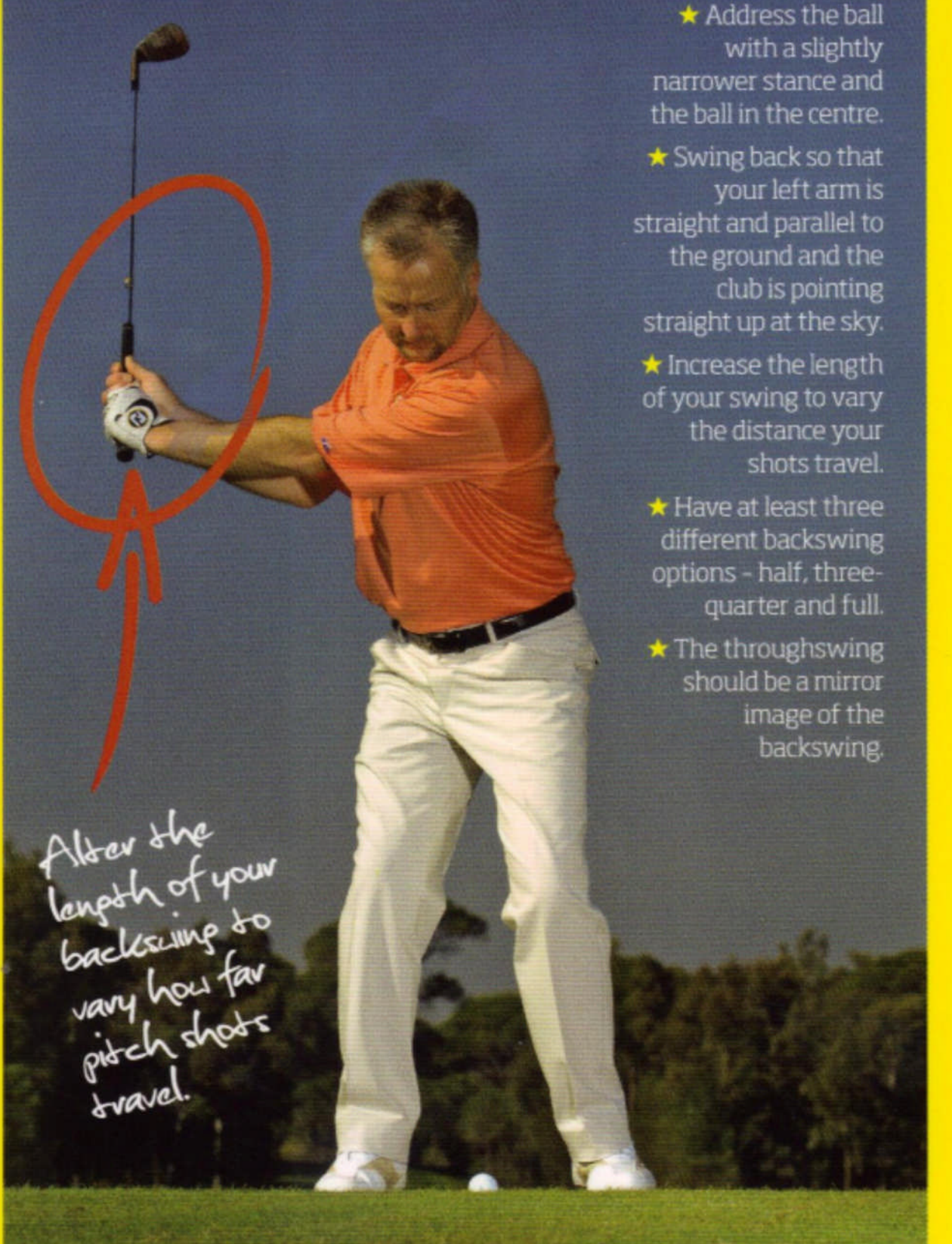


IMPROVE PITCHING

Vary the length of your swing to get better distance control

- ★ Address the ball with a slightly narrower stance and the ball in the centre.
- ★ Swing back so that your left arm is straight and parallel to the ground and the club is pointing straight up at the sky.
- ★ Increase the length of your swing to vary the distance your shots travel.
- ★ Have at least three different backswing options - half, three-quarter and full.
- ★ The throughswing should be a mirror image of the backswing.



Alter the length of your backswing to vary how far pitch shots travel.